



Rolla Public Schools  
Employee Benefits Contact Information

**MEDICAL**

**Carrier:** UMR

**Network:** UHC Choice Plus

**To Find a Provider:** [www.umar.com](http://www.umar.com) click on Find a Provider on home screen

**Customer Service:** UMR Medical Customer Service Line: 800-826-9781

**DENTAL**

**Carrier:** Reliance Standard

**Network:** Classic PPO

**To Find a Provider:** <http://www.reliancestandard.com/dental-vision/>

**Customer Service:** Customer Care center or by phone 800-351-7500, 8 a.m.- 7 p.m.

**VISION**

**Carrier:** Reliance Standard

**Network:** VSP and/or EYEMED

**To Find a Provider:** <http://www.reliancestandard.com/dental-vision/>

**Customer Service:** Customer Care center or by phone 800-351-7500, 8 a.m.- 7 p.m.